



lisa wysocky's success tips newsletter

THE NEWSLETTER FOR PERSONAL AND EQUESTRIAN SUCCESS

Idea of the Month: Achieve Your Dreams

"In the middle of every difficulty lies opportunity."
Albert Einstein

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Dear Lisa,

Spring is a time of renewal, specifically of renewed attention to dreams and goals. This is the perfect time to set goals for the summer and to make specific plans that will turn your goals into reality. So "ink what you think." Write down your goals and put them in a place you see often. Then block a small amount of time every day to work on making those written words a reality. Whether it is competing at a national horse show or getting through a family reunion with style and grace, the steps you take today will determine your success tomorrow. --From *Success Within: How to Create the Greatest Moments of Your Life*



Creating Time to Work on Your Dreams

Time is precious, and it is hard to find enough of it to work on your dreams. Whatever you want to accomplish in life, it helps to share your goals with family or friends, and to solicit their help and ideas. Can your seven-year-old daughter put out her own school clothes the night before? Can a friend not be late (again) for dinner? You will be surprised at the creative ideas your friends and loved ones come up with that will help you reach your goals. Your family might even have ideas about how everyone can work together to do the laundry. Co-workers could assist with streamlining office duties. Once you fine tune one area of your life, you will be surprised at how easily other areas fall together. Suddenly, instead of scrambling for time, you have plenty! Ask someone for help today, and keep at it until all your dreams come true. Plus, you now will have time to help others make their dreams come true. -- From *Success Within: How to Create the Greatest Moments of Your Life*

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A Major Goal Achieved!



"I had always wanted to travel to compete in an endurance race with my horse, but could never find the time to train for it or the money. Really, I thought it was a pipe dream, something that would be great to do, but would never happen. Then I attended a Success Within Seminar and learned how to break this huge dream into small, doable bites. It took me 15 months of doing one thing a day (everyday!) toward my goal. And eventually, the ride actually happened. This seminar taught me to budget money and vacation time, research exactly which ride I wanted to compete in, and arrive mentally rested and prepared for the experience of a lifetime. And I have today, I had a wonderful time!" Annie Jergen, St. Louis, MO

If you have a success story you'd like to share, email it, along with your name and address, to: lisainfo@comcast.net

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Trailer Loading Tips



Loading your horse into a trailer can be a frustrating experience. But if you learn to think like a horse, the process will become much easier.

First, make sure there is enough light in the trailer. A dark trailer can look like a bottomless pit to a horse and opening a window or door will allow the horse to see where he or she is going. Then be sure light is not glaring inside the trailer. The sun reflecting off a white interior wall can temporarily blind a horse, just as the afternoon sun sometimes provides a glare for drivers heading west.

Lastly, what does the trailer smell like? A horse's sense of smell is far more developed than ours. If the inside of the trailer smells like stale feed or moldy water, a horse may be hesitant to enter. --From *My Horse, My Partner: Teamwork on the Ground*

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Upcoming Dates



Want to catch Lisa live? We're constantly updating the itinerary for equestrian, corporate and motivational dates, so in addition to the events listed below, be sure to check out the full itinerary.

April 19, 2008: The Power of a Whisper Tour (with Sam Powell), Columbia, TN. Event benefits Maury Magic Riders Therapeutic Riding Center. For more info contact: info@maurymagicriders.com, mmeade@tracylawrence.com, or www.powerofawhisper.com

May 24, 2008: The Power of a Whisper Tour (with Sam Powell), Lenoir City, TN. Event benefits Shangri-La Therapeutic Academy of Riding (STAR). For more info contact: star@rideatstar.com, mmeade@tracylawrence.com, or

www.powerofawhisper.com

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Be sure to stop by the home page at LisaWysocky.com and view the 60 second *My Horse, My Partner* video clip and take our quick survey. Those taking the survey will receive a free short fiction story via email. If you already have a copy of any of Lisa's books or DVDs and would like to write a short review on Amazon.com, we'd greatly appreciate it. Many thanks to those who have already done so! Until next month . . .

Sincerely,

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