

10 Tips for Total Team Building

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Why Team Building?

- Increased loyalty to center
- Added value of staff/volunteers
- Better flow: ideas-implementation
- More rewarding experience
- Bonding and friendships

1. Silent Birthdays

- Need 5-10 people
- Builds creativity
- Develops communication
- Quick
- Bonding



2. The Million Dollar Gift

- Need several teams of any size
- Decision making
- Creativity
- Leadership
- Idea exchange
- Program information



3. Blindfold Treasure

- Need several teams of 3-5 people; 1 blindfold and 2-3 obstacles per team
- Team building
- Decision making
- Bonding
- Creativity
- Leadership



4. Information Sharing

- One or more groups of 5-12
- Team building
- Problem solving
- Bonding



5. The Shoe Tie

- One group of 3 or more
- Following directions
- Bonding
- Leadership
- Education



6. Group Chat

- One or more small groups of 3-6
- Giving and receiving
- Self-esteem
- Sharing
- Bonding



7. Magic Carpet

- One or more groups of 3-5
- Small tarp or carpet
- Decision-making
- Teamwork
- Creativity
- Leadership



8. Common Bonds

- Group of 4 or more
- Leadership
- Team building
- Creativity
- Bonding
- Following directions



9. Human Scrabble

- Need enough blocks or letters to spell a word
- Problem solving
- Team work
- Following directions



10. The Best and the Worst

- Need small groups of 3-10
- Program Information
- Idea Sharing
- Bonding



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